

Community Needs Guide Organizations Seeking Support

March 2025

ABOUT THIS GUIDE

Every fall, the Burlington Foundation holds its annual call for grants, where local charities are invited to submit funding proposals to receive funds directly from the Foundation's Greatest Community Needs Fund.

We are heartened to receive so many amazing applications that highlight the truly incredible work happening in the Burlington community and beyond. We received more than 70 applications and were able to provide funding to 33 charities (**full list included at the end of the booklet**). Our Grant Review Committee, made up of community volunteers, adjudicates the grant applications.

Unfortunately, we are not able to provide funding to every organization that applies. But we can share with you these important initiatives and draw your attention to these funding needs.

This guide has been created to serve as a resource that will allow you to learn about a specific charitable group or a particular area of interest, such as mental health, the environment and arts and culture.

We hope you enjoy learning about the great work happening in our community and we encourage you to consider learning about some of these valuable programs. Please reach out to our team to learn more or for support in contributing to these special initiatives.



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Legend

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Arts & Culture



Children & Youth



Environment



Faith



Health & Well-Being



Housing



Mental Health



Vulnerable Groups

Arts & Culture





The Brott Music Festival

For 37 years, Brott Music Festival has enriched the cultural fabric of Hamilton and Burlington with orchestra performances and educational programs, including the Brott Education Concerts, which have reached more than 275,000 students.

Recent Project:

The Brott Music Festival seeks funding to bring the Feel the Music: Emotions in Concert to Burlington's K-6 students. This interactive, educational concert will help students explore how music conveys emotions, fostering social-emotional learning and resilience. With transportation barriers limiting access, this initiative will bring the performance to the Burlington Performing Arts Centre, ensuring more local students can participate.

> Website: brottmusic.com

Burlington Civic Chorale

Burlington Civic Chorale

The Burlington Civic Chorale aims to bring quality choral music to Burlington, Ontario, challenging and educating singers while enriching the city's musical environment with unique, artistic performances.

Sample Project:

The Burlington Civic Chorale initially sought funding to hire professional musicians and lead singers for a fall concert that was part of their annual three-concert seasons. Concerts are held each year in February, May and November.

> Website: burlingtoncivicchorale.ca



Burlington New Millennium Orchestra

The Burlington New Millennium Orchestra (BNMO) presents unique live orchestral concerts and recordings, featuring professional Canadian and international artists. BNMO combines diverse instrumentation and multimedia to elevate the live music experience for audiences in Burlington and beyond. The orchestra highlights gifted young artists from Halton Region and provides free access to concerts for those with limited means.

Recent Project:

PRODIGIEM 2 showcases talented young local performers (ages 8-18) performing with the BNMO. The first half will feature prodigious young wind instrumentalists. The program will be recorded for future broadcast by Cogeco Your TV.

Website:

burlingtonnewmillenniumorchestra.com





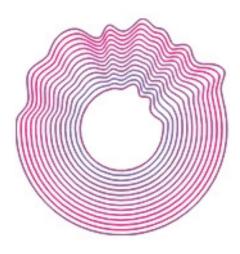
Burlington Welsh Male Chorus

The Burlington Welsh Male Chorus aims to promote male choral singing by performing in public places, seniors' homes, churches, and educational institutions, while providing a supportive social network for choir members, most of whom are seniors benefitting from the physical and mental advantages of choir membership.

Recent Project:

The Burlington Welsh Male Chorus entertains and performs at senior citizen retirement homes and supports charitable organizations with proceeds from their concerts. They collaborate with other community groups, such as the Burlington Teen Tour Band, to reach a broader audience in the community.

> Website: www.burlingtonwelsh.com



HAMILTON PHILHARMONIC ORCHESTRA

Hamilton Philharmonic Orchestra

The Hamilton Philharmonic Orchestra promotes community well-being in Hamilton through accessible, engaging orchestral music programs.

Recent Project:

Music for Wellbeing in Burlington is a collaboration with community organizations to enhance social connections and mental health through music. Expanding successful programs for families, youth, and seniors, it now includes live performances for newcomers.

> Website: www.hpo.org



Tottering Biped Theatre

Tottering Biped Theatre (TBT) creates socially conscious, highly physical contemporary theatre. It focuses on long-term workshop processes and performances addressing topics such as poverty, violence, and mental health.

Recent Project:

Shakespeare by Nature provides paid work for emerging artists and has brought modern, physical Shakespeare productions to Dundurn Castle in Hamilton. Tottering Biped aims to bring Shakespeare by Nature to Burlington's Central Park, offering pay-what-you-can tickets to ensure accessibility. In collaboration with Theatre Burlington and the city's Arts and Culture Department, it hopes to establish this as an annual event, expanding as the audience grows.

> Website: totteringbiped.ca

SOLO SOUTHERN ONTARIO LYRIC OPERA

Southern Ontario Lyric Opera (SOLO)

Southern Ontario Lyric Opera (SOLO) is the region's only professional not-for-profit opera company, offering highquality performances and educational outreach to diverse audiences. SOLO aims to foster an appreciation for opera, particularly among youth and seniors, and offers interactive community concerts, library talks, and educational programs to ensure the survival and growth of opera in the region.

Recent Project:

SOLO seeks funding to expand its Education and Outreach programs, including school performances and youth engagement activities. They aim to continue providing opera experiences to local schools, such as its recent Hansel and Gretel mini-tour.

Website: southernontariolyricopera.com

Children & Youth





Big Brothers Big Sisters of Halton and Hamilton

Big Brothers Big Sisters of Halton and Hamilton empowers youth through life-changing mentoring relationships, unlocking their potential.

Project Examples:

GLOW is a group mentoring program for elementary school girls that promotes empowerment, leadership, and selfesteem. It includes weekly activities over 10 sessions, encouraging healthy lifestyles, emotional well-being, and diversity awareness. Game On! is a program for elementary school boys that teaches healthy lifestyle choices through non-traditional physical activities and life skills discussions. It runs weekly for eight sessions. Both programs provide a safe space for youth to discuss relationships, bullying, and peer pressure, helping them navigate cultural differences and build confidence, empathy, and decision-making skills.

> Website Link: mentorsforkids.ca



Burlington Community Robotics

Burlington Community Robotics (BCR) provides students with hands-on STEM learning through the FIRST Robotics Competition (FRC). Founded in May 2024, BCR was created by mentors to continue the legacy of a local FRC team. Many mentors are former students who now work in STEM fields and return to support the program.

Project Example:

BCR runs an annual after-school program where high school students (ages 14-18) work together to design, build, and program a robot for the FIRST Robotics Competition, competing locally and internationally. Students gain technical, leadership, and problem-solving skills while being mentored by industry professionals using cutting-edge technology. BCR aims to establish a space and recruit a team of students from across Burlington. Financial support will help them acquire the necessary tools and equipment to provide a professional-level experience and ensure the program's sustainability.

Website Link:

www.burlingtoncommunityrobotics.ca



Camp Quality Canada

Camp Quality Canada provides year-round, inclusive programs for children with cancer and blood disorders, offering outdoor activities, recreation, and play. The free camps support not just the kids, but their families, creating a community of strength. They have six regional camps across Canada, including four in Ontario, where research shows these programs improve the well-being of children during and after treatment.

Project Example:

With rising childhood cancer rates and growing local populations, Camp Quality aims to expand the Southern Ontario summer camp, offering transformative experiences for more children in 2025. By 2025, they expect to support 25-30 children and engage 6-8 volunteers from the area. The trauma of childhood cancer leads to social isolation, impacting children's development and mental health. Camp Quality's programs help combat this by providing children with a chance to connect with peers and rebuild confidence, resilience, and independence.

> Website Link: www.campquality.org



Children's Aid Foundation of Halton

Children's Aid Foundation of Halton supports children, youth, and families in difficult circumstances, providing resources and advocacy to help them heal and thrive.

Project Example:

Launched in 2022, the DREAMS Begin at Home initiative addresses practical needs for vulnerable youth and families, such as beds, laptops, winter clothing, cribs, grocery gift cards, and cell phones. The program aims to reduce stress, promote resilience, and empower youth in education and employment.

> Website Link: cafh.ca



Jennifer Ashleigh Children's Charity

Jennifer Ashleigh Children's Charity provides financial support to low-income families caring for children (18 and under) in medical crisis, regardless of race, religion, or gender.

Project Example:

The charity seeks to assist Burlington families facing extraordinary medical costs for children requiring specialized care not covered by OHIP or other programs. Funds are distributed to qualified low-income families with support from healthcare professionals at community hospitals and treatment centres to identify those in need.

> Website Link: www.jenash.org



Make-A-Wish Foundation of Canada

Make-A-Wish Foundation of Canada creates life-changing wishes for children with critical illnesses, helping them build strength and hope during their treatment journey. Research shows that granted wishes improve a child's emotional and physical resilience. In Ontario, the organization granted 742 wishes in 2023, including 11 in Burlington.

Project Example:

A wish improves the quality of life for children with critical illnesses, providing lasting joy and healing. To achieve this, Make-A-Wish Foundation of Canada follows a five-step "Wish Journey:"

- 1. Wish Discovery Understanding the child's deepest desire.
- 2.Wish Design Choosing the type of wish (e.g., "I wish to have," or "I wish to meet").
- 3. Wish Anticipation Creating excitement and distraction from illness.
- 4. Wish Realization Granting the wish.
- 5.Lasting Wish Effect The enduring impact of the wish, providing inspiration and resilience.

Website Link: https://makeawish.ca



Parents Against Driving High

Parents Against Driving High's mission is to raise awareness about the dangers of driving while high.

Project Example:

The "Safe Choices" initiative aims to empower marginalized and at-risk youth by educating them about the risks of substance abuse, promoting mental health awareness, and enhancing decision-making skills. The program will include workshops on the health impacts and social consequences of substance use, peer mentorship to build resilience and positive coping strategies, mental health awareness to address anxiety and depression, and community engagement through workshops for parents and families to foster supportive networks.

> Website Link: padh.ca



Salvation Army Burlington Community & Family Services

The Salvation Army Burlington provides holistic support to vulnerable individuals, offering programs such as a food bank and seasonal initiatives to meet community needs.

Project Example:

Teen Christmas Gift Cards is a program that allows families to purchase personalized gifts for teenagers. Christmas Food Gift Cards is a program aimed at families to buy food that meets their specific dietary needs. These initiatives promote dignity, independence, and respect, while supporting community wellbeing and alleviating holiday financial stress.

Website Link:

https://burlingtonsalvationarmy.ca/community-

family-services

Environment





BurlingtonGreen

BurlingtonGreen empowers the community to protect the environment through awareness, advocacy, and action. Its strategic plan focuses on local climate and ecological issues, engaging diverse community sectors, including youth, businesses, and multicultural groups.

Recent Project:

The "Helping Youth Help The Planet" project addresses rising youth mental health concerns tied to environmental anxiety. It offers inclusive, hands-on opportunities for youth to engage in climate action, low-waste solutions, and nature stewardship. Over 12 months, at least 10 activities, such as tree planting, eco-championing, and climate campaigns, will be organized to improve mental health while benefiting the local environment.

> Website: www.burlingtongreen.org



Royal Botanical Gardens (RBG)

Founded in 1941, Royal Botanical Gardens is Canada's largest botanical garden, spanning 2,137 acres in Hamilton and Burlington. As a not-for-profit organization, RBG connects people to nature through diverse horticultural, educational, and cultural experiences.

Recent Project:

The Green Angels Program provides free access to RBG's programs for financially challenged individuals and families in Halton and Hamilton, including school programs, admission passes, day camps, and virtual learning. Expanded in 2023 to support adults and seniors facing financial hardship, the program assisted over 5,000 individuals in 2023.

> Website: www.rbg.ca



Small Change Fund

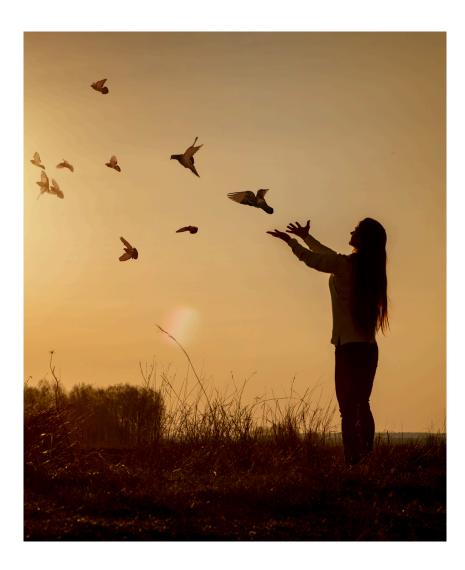
The Small Change Fund aims to improve the environment, reduce poverty, and promote reconciliation across Canada, including supporting Indigenous communities in protecting their lands and waters. The organization has supported more than 270 groups and raised more than \$15 million for environmental and climate-related projects.

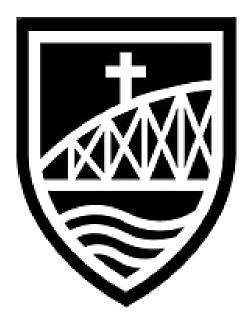
Recent Project:

CORE Burlington is a volunteer group raising awareness about the impact of an expanded gravel mine on the Mt. Nemo plateau. Funding was sought to cover expert costs to prepare for the Ontario Land Tribunal in March 2025 and advocate for the long-term protection of Mt. Nemo through re-designation under the Niagara Escarpment Planning and Development Act (NEPDA).

> Website: www.smallchangefund.ca

Faith





Burlington Christian Academy

Burlington Christian Academy's mission is to help students thrive in well-being and faith, becoming successful learners.

Project Example:

With rising levels of stress and anxiety among students, outdoor education offers a valuable opportunity for resilience and self-confidence. BCA aims to create a 30' x 30' outdoor learning area with benches, a landscaped area, whiteboard, shade sail, and a path.

Website Link: www.onlyatbca.com



Calvary Burlington

Calvary Burlington offers a space to connect with Jesus, build relationships, and engage in community service. It aims to equip individuals to grow in faith and serve others.

Project Example:

Calvary Burlington seeks funding for a new sound system to enhance community programs for children, youth, and seniors. The current system is outdated, limiting event effectiveness. A reliable sound system will improve communication, inclusivity, and engagement, supporting programs that address isolation, leadership development, and food security, especially for marginalized groups. This upgrade will ensure all participants can fully engage in activities and benefit from their initiatives.

> Website Link: calvaryburlington.ca



Emmaus Formation Centre

Emmaus Formation Centre provides spiritual companionship, formation groups, retreats, and training to experience God's transformative power through spiritual direction.

Project Example:

Emmaus Formation Centre was aiming to subsidize a retreat for 20-40 leaders in Burlington, focusing on mental health and soul care for those in leadership roles in churches, schools, and non-profits. The initiative would address the emotional and spiritual burnout leaders face and aim to equip them with the tools to better care for themselves and others. The organization hoped to reach 250 leaders in the area, offering support and formation opportunities to improve their well-being and leadership effectiveness.

> Website Link: emmausformation.ca



Compass Point Bible Church

Compass Point Bible Church's mission is to align lives to the way of Jesus through Encountering God Together, Embracing a Rule of Life, and Embodying Jesus Everywhere. The Food Market program, part of 'Embodying Jesus Everywhere,' serves the community by addressing food security, and is open to anyone in need, regardless of their church affiliation.

Project Example:

The church operates a Food Market twice a month, providing fresh produce, dairy, frozen meat (when available), nonperishables, and hygiene supplies to about 60 families (180 individuals) each time. The main entrance to the market, however, is an emergency exit that's not accessible or welcoming, presenting mobility challenges for some clients. The church seeks funding to widen the door, install an automatic opener, and add signage and an awning to make it more inviting and fully accessible for all clients.

> Website Link: www.compasspointbc.com

Health & Well-Being



JOSEPH BRANT HOSPITAL FOUNDATION

Joseph Brant Hospital Foundation

Joseph Brant Hospital Foundation's mission is to inspire investment in Joseph Brant Hospital to ensure exceptional healthcare for the Burlington community.

Recent Project:

Joseph Brant Hospital's Child and Adolescent Psychiatric Service (CAPS) provides critical mental health care for youth facing challenges such as anxiety, depression, and substance abuse. With an increase in demand since the pandemic, CAPS needs funding to expand capacity, maintain short wait times, and reduce repeat emergency department visits. The program offers early intervention, helping youth recover and reintegrate into home and school life, with a focus on providing timely, specialized care without disrupting family or community ties.

> Website: https://jbhfoundation.ca

PANCREATIC Cancer Canada

Pancreatic Cancer Canada

Pancreatic Cancer Canada is dedicated to increasing the survival rate of pancreatic cancer, which has a 5-year survival rate of just 10%. The organization focuses on raising awareness, funding research, and ensuring patients and their families receive the necessary care and support.

Recent Project:

The Fire Fighter Cancer Project (FFCP) addresses the high cancer risks among Canadian firefighters, who face a 9% higher risk of cancer diagnosis and a 14% higher risk of cancer death than the general population. This initiative provides mental health support, including counseling and peer support, to firefighters and their families. The FFCP seeks to improve mental health care and raise awareness of cancer risks in the firefighting community.

> Website: https://pancreaticcancercanada.ca







Habitat for Humanity Halton Mississauga Dufferin

Habitat for Humanity empowers lower-income families to build stability and independence by providing affordable housing, fostering financial equity and lasting change.

Project Example:

The HabitatHMD Youth Skilled Trades Program (formerly the Tiny Homes Program) gives high school students hands-on construction experience by building Tiny Homes on their school campuses. This initiative, in partnership with local school boards, helps students develop practical skills while addressing housing challenges and the skilled labor shortage. The program has engaged more than 1,200 students. In 2025, the program will expand, constructing 10 more homes in collaboration with community partners.

> Website Link: https://habitathmd.ca

Mental Health





Christian Counselling Centre

Christian Counselling Centre is a faith-based organization providing counselling for individuals, couples, and families, focusing on emotional, psychological, and spiritual healing. They also offer workshops and resources on mental wellness.

Project Example:

Due to long wait times for local services, there's a growing need for children's mental health support. Christian Counselling Centre is aiming to launch two new programs for children in Burlington: Anxiety Group Therapy and four Social Skills Workshops covering Anger, Grief, Fear & Anxiety, and Creating Healthy Friendships.

Website Link:

https://www.christiancounsellingcentre.ca



Thrive Counselling

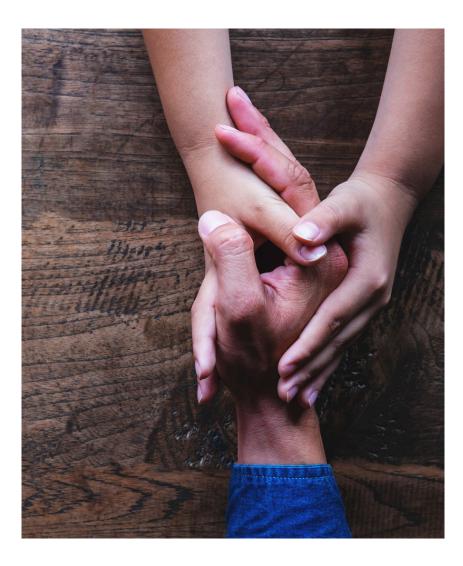
Thrive is a family service agency offering counseling, therapy, and support for abuse and gender-based violence. They help individuals, couples, and families navigate life's challenges, promoting strong people, families, and communities. Thrive is committed to inclusion, diversity, and ensuring emotional and physical safety.

Project Example:

The Ages & Stages Project provides free in-person and virtual counseling for youth (16-25) and seniors (55+) in Burlington. Due to high demand, particularly from seniors, they aim to expand access to therapy, removing barriers like transportation and cost. Funding will support these services, ensuring therapy remains accessible and free of charge to those in need.

Website Link: https://thrivecounselling.org

Vulnerable Groups





Amity Goodwill Industries

Goodwill transforms lives through employment, offering a "hand up" to those facing barriers such as newcomers, youth, racialized individuals, and people with disabilities. They support job seekers by offering resume help, job search assistance, interview preparation, and skill training. Their mission is to strengthen communities by helping people access work and achieve self-sufficiency.

Project Example:

Goodwill Amity's Community Outreach Program removes barriers to employment services for marginalized job seekers, particularly those facing systemic challenges like poverty and racial bias. Outreach activities include workshops, career fairs, drop-in services at libraries, and on-the-spot resume and interview support. This program helps marginalized individuals access the services they need to find meaningful work and financial security.

> Website Link: www.goodwillonline.ca



Canadian National Institute for the Blind

Canadian National Institute for the Blind is a charitable organization empowering people with blindness or low vision to live their dreams. They provide programs and advocacy to break down barriers and increase inclusion.

Project Example:

The Burlington Friendlies peer support group helps individuals with blindness or low vision, especially seniors, connect, reduce isolation, and engage in recreational activities. The group has grown steadily, and CNIB aims to increase membership, introduce new activities like bowling and accessible art classes, and create more social opportunities. This initiative reduces isolation, fosters inclusion, and promotes mental and physical well-being for participants, ultimately making Burlington a more inclusive community.

> Website Link: cnib.ca



Compassion Society of Halton

The Compassion Society of Halton connects individuals and families with essential food, clothing, and community services during times of need.

Recent Project:

The Youth Food, Compassion, and Leadership Program aims to teach leadership, empathy, and sustainability while addressing food and clothing insecurity. Key goals include developing leadership skills, fostering empathy, making a community impact, and raising sustainability awareness. The program offers educational workshops on leadership, social justice, and sustainable practices, hands-on volunteering through food and clothing drives, and mentorship opportunities to empower youth to lead their own community projects.

Website: www.compassionsocietyofhalton.com



Halton Black History Awareness Society

The Halton Black History Awareness Society celebrates Halton's diverse "Community, Roots & Culture" by promoting cultural education, enhancement, and entertainment. They aim to integrate cultural history into education and public institutions, fostering inclusivity, reducing prejudice, and supporting Halton's recognition as a "Culture Capital of Canada."

Recent Project:

HBHAS develops programs to combat racism and prejudice while promoting knowledge of Canadian Black History. Annual events include the Emancipation Flag Raising, Gala, Festival, Art Exhibition, and cultural diversity training. The Cultural Diversity Leadership Training (CDLT) educates leaders, teachers, and mentors on cultural dynamics, while HBHAS Presents offers DEI consulting and youth mentoring.

> Website: www.hbhas.ca



Halton Down Syndrome Association

Halton Down Syndrome Association aims to empower individuals with Down syndrome to reach their full potential throughout life. HDSA leads the way in advocacy, awareness, education, and support within the Halton community.

Project Example:

The Angel Fund provides financial assistance for programs, therapies, and education for individuals with Down syndrome. The Angel Fund offers families access to crucial resources, improving well-being and inclusion for individuals with Down syndrome. The Dream Kitchen teaches individuals with disabilities kitchen and job skills, preparing them for food service industry jobs, while addressing food security. In partnership with Food for Life, meals are prepared for the food bank. The program builds job skills, self-esteem, and community inclusion, leading to two participants being hired by local restaurants.

> Website Link: www.haltondownsyndrome.com



MADD Canada (Mothers Against Drunk Driving)

MADD Canada (Mothers Against Drunk Driving), founded in 1989, works to stop impaired driving and support victims. With over 100 volunteer-run chapters across Canada, MADD focuses on victim services, youth education, public policy, and promoting anti-impaired driving technology.

Project Example:

MADD Canada's School Program, developed in 1994, educates students in grades 7-12 about the dangers of impaired driving. In 2024-2025, the program will reach approximately 100,000 students in 1,000 schools, including 15 schools in Burlington. The 45-minute presentation uses a fictional story and real-life victim testimonials to highlight the emotional, financial, and legal consequences of impaired driving.

Website Link: madd.ca



The Women's Centre of Halton (TWCH)

Since 1989, The Women's Centre of Halton has empowered women in the community by providing resources, education, and support to enhance well-being. They focus on counselling, workshops, and support groups, while advocating for equality and social justice.

Recent Project:

The EmpowerMe Interactive Resource Booklet aims to support young women (14-18) in Burlington by creating a resource co-designed by participants. This initiative addresses the need for accessible tools to help teens navigate selfesteem, emotional resilience, and healthy relationships. The booklet will be shaped by the voices of young women, ensuring it reflects their experiences and provides ongoing support beyond the workshops.

Website:

https://thewomenscentreofhalton.com



2024 ANNUAL GRANT RECIPIENTS

CHILDREN & YOUTH

Art Gallery of Burlington: in support of the Youth Art Bursary Program **ArtHouse for Children and Youth:** in support of the CREATE 2.0 program, part of offering free

arts-based programs for children and youth ages 7-17.

Burlington Symphony Orchestra: in support of BSO Operation Youth

Centre for Diverse Learners: in support of the Mastering Mathematics Program

Community Development Halton: in support of the creation of a youth leadership team

Community Living Burlington: in support of the Sibshops Workshop Initiative, which will expand the existing sibling support program for children and teens who have siblings with disabilities.

Dare To Be Youth (DTBY) Charity: in support of the Building Bridges Program, which will help youth who are ineligible for programs after age 18.

ErinoakKids Centre for Treatment and Development: in support of the respite program **Food4Kids Halton:** in support of the Weekends Without Hunger Program

Halton Food for Thought: in support of student nutrition programs in Halton schools

Halton Women's Place: to support the creation of a Teen Zone for youth ages 12-16

Re-Imagine Ontario: in support of the G.A.M.E. Program, which provides sports and mentoring initiatives aimed at male youths 10-17 years old. The organization has a particular focus on Black youth.

STEM Camp Foundation: in support of STEM camp bursaries, awards, and scholarships (summer 2025)

STRIDE (Supported Training and Rehabilitation in Diverse Environments): in support of the continuation of STRIDE's existing initiatives to help youth employment outcomes.

The Cedarbrook Society O/A The Darling Home for Kids: in support of the Opportunities Fund, to help with providing respite, residential and hospice palliative care to children.

The Lighthouse for Grieving Children: in support of grief support programs

YMCA Hamilton|Burlington|Brantford: in support of the Rise Up! & Elevate BIPOC

Youth Program



2024 ANNUAL GRANT RECIPIENTS

ENVIRONMENT

Bruce Trail Conservancy: in support of the Fisher's Pond Nature Reserve, which includes construction of a boardwalk, planting to help manage invasive species and a controlled burn.

Halton Environmental Network: in support of youth workshops at the Community Garden (St. Christopher's Church)

Conservation Halton Foundation: in support of the From the Ground Up Program, which blends experiential learning for youth with community and environmental impact through hands-on programming.

FOOD SECURITY

Burlington Food Bank: in support of work carried out by the Community Care Coordinator (including making the entrance way accessible to all.)

Burlington Museums Board (Ireland House Museum – Heritage Garden): in support of the Heritage Garden initiative at Ireland House Museum

Food for Life Inc (Formerly Food for Life Charitable Corp): in support of the Mountainside Market (increased signage and translation devices)

St. Christopher's Church (Open Doors): in support of the Open Doors program, which provides support through community meals, clothing assistance, energy support and seasonal programs.

Wellington Square United Church: in support of the Community Food Program, which makes nutritious food available to more than 200 people every Friday.

MENTAL HEALTH

Canadian Mental Health Association Halton: in support of resources for family caregivers **Capillary Wave Community for Men**: in support of establishing a dedicated space for supporting men's mental health in our community



2024 ANNUAL GRANT RECIPIENTS

SAFE & AFFORDABLE HOUSING

Home Suite Hope: in support of Homeward Bound Halton

Sexual Assault & Violence Intervention Services of Halton: in support of survivors in funding life essentials

Shifra Homes Inc.: in support of existing programming as the only maternity residence in the Halton area, providing support for young, pregnant women without homes.

Restorations Second Stage Homes: in support of programming at Nancy's House, which supports survivors of sexual exploitation and human trafficking.

SENIORS

Alzheimer Society of Brant, Haldimand Norfolk, Hamilton, Halton: in support of expanding the Social Cafe wellness program

INCLUSION

Camelot Centre Adult Day Program Inc. – in support of the Adult Day Program, part of programming that offers a creative and supportive environment to adults with developmental disabilities, such as PRESTO passes, allowing for easier access to services and activities.

To learn how you can support community programming, contact us at:

Info@BurlingtonFoundation.org 905-639-0744 www.burlingtonfoundation.org

